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**Shock Wave Lithotripsy (SWL) Treatment Instructions**  
**Mid America Kidney Stone Association (MAKSA)**

The following information is provided by *Urology Specialists, P.C.* to help you prepare for your shock wave lithotripsy (SWL) procedure to treat your stone. Please read this form and bring it with you to your appointment.

Patient Name \_\_\_\_\_

Date \_\_\_\_\_ Check-in-time \_\_\_\_\_ Procedure time \_\_\_\_\_

Location:      Liberty Hospital                              St. Joseph Medical  
                         2525 Glen Hendren Dr      **OR**                              1000 Carondelet Dr  
                         Liberty, MO    Kansas City, MO  
                         -7200    816-942-4400

1. Bring your most recent x-ray (KUB) with you.
2. Do not eat or drink anything after midnight the night before your treatment. If you are taking blood pressure medication or heart medication, **do** take the medication with a sip of water.
3. **STOP** all aspirin or medication containing aspirin or ibuprofen one week prior to the treatment. Notify us if you are on Coumadin or other blood thinners.
4. You **MUST** have someone available to drive you home. The hospital/facility will not admit the patient you if someone is not available to transport you home after the procedure.
5. You should receive a letter form MAKSA confirming your appointment.
6. Your physician will want to re-evaluate you approximately 2 weeks after your procedure. Please schedule a follow up appointment with your doctor with an x-ray (KUB) at this time. Please be sure to bring your pre-treatment x-ray as well as any new films to your appointment.
7. Wear comfortable clothing.

If you have any questions, please call our offices at (816) 842-0171 or (816) 781-8400.